

	FREQUENCY	WIDTH	MODE	NOTES
1.8 MHz 160m	1.810 – 1.838	200	CW	1.818 FISTS   1.836 QRP   1.813,5 SKCC 1.810 SOTA
	1.838 – 1.840	500	Narrow band modes	1.838 VarAC
	1.840 – 1.843	2700		Digimodes
	1.843 – 2.000	2700	All modes (LSB)	1.843 SOTA
3.5 MHz 80m	3.500 – 3.510	200	CW	Priority for DX
	3.510 – 3.560	200	CW	3.530 IOTA   3.550 SKCC   3.555 QRS 3.558 FISTS
	3.560 – 3.570	200	CW	3.560 QRP & SOTA
	3.570 – 3.580	200	Narrow band modes	Digimodes
	3.580 – 3.590	500	Narrow band modes	Digimodes
	3.590 – 3.600	500	Narrow band modes	3.590 VarAC   Digimodes
	3.600 – 3.620	2700	All modes	Digimodes
	3.600 – 3.650	2700	All modes	3.630 Digital Voice Centre of Activity
	3.650 – 3.700	2700	All modes (LSB)	3.690 QRP
	3.700 – 3.775	2700	All modes (LSB)	3.735 SSTV   3.755 IOTA   3.710 SOTA
3.775 – 3.800	2700	All modes (LSB)	Priority for DX	
5 MHz 60m	5.351,5 – 5.354,0	200	Narrow band modes	CW
	5.354,0 – 5.366,0	2700	All modes (USB!)	5354, 5357, 5360, 5363 USB
	5.366,0 – 5.366,5	20	Weak signal	
7 MHz 40m	7.000 – 7.040	200	CW	7.028 FISTS   7.030 QRP   7.055 SKCC 7.025 IOTA   7.030 SOTA
	7.040 – 7.047	500	Narrow band modes	7.040 SOTA   Digimodes
	7.047 – 7.050	500	Narrow band modes	Digimodes
	7.050 – 7.053	2700	All modes	Digimodes
	7.053 – 7.060	2700	All modes (LSB)	7.055 IOTA   Digimodes
	7.060 – 7.100	2700	All modes (LSB)	7.060 SOTA   7.090 QRP
	7.100 – 7.130	2700	All modes	7.105 VarAC   7.110 SOTA
	7.130 – 7.175	2700	All modes	7.165 SSTV
7.175 – 7.200	2700	All modes (LSB)	SSB Priority for DX	
10 MHz 30m	10.100 – 10.130	200	CW	10.118 FISTS   10.116, 10.106 QRP & SOTA 10.115 IOTA   10.120 SKCC
	10.130 – 10.150	500	Narrow band modes	10.130 VarAC   10.144 DK0WCY Aurora Bake
14 MHz 20m	14.000 – 14.060	200	CW	14.040 IOTA   14.050 SKCC   14.055 QRS 14.058 FISTS
	14.060 – 14.070	200	CW	14.060 QRP & SOTA
	14.070 – 14.089	500	Narrow band modes	
	14.089 – 14.099	500	Narrow band modes	
	14.099 – 14.101		Beacon	Beacons exclusively   14.100 NCDXF Beacon
	14.101 – 14.112	2700	All modes	14.105 VarAC   Digimodes
	14.112 – 14.125	2700	All modes	
	14.125 – 14.300	2700	All modes (USB)	14.230 SSTV   14.285 SSB QRP   14.260 IOTA 14.285 SOTA
14.300 – 14.350	2700	All modes		
18 MHz 17m	18.068 – 18.095	200	CW	18.080 SKCC   18.085 FISTS   18.086 QRP 18.098 IOTA
	18.095 – 18.105	500	Narrow band modes	18.096 CW SOTA   Digimodes
	18.105 – 18.109	500	Narrow band modes	18.105 VarAC   Digimodes
	18.109 – 18.111		Beacon	Beacons exclusively   18.110 NCDXF Beacon
	18.111 – 18.120	2700	All modes	Digimodes
	18.120 – 18.168	2700	All modes (USB)	18.130 QRP & SOTA   18.128 IOTA

	FREQUENCY	WIDTH	MODE	NOTES
21 MHz 15m	21.000 – 21.070	200	CW	21.040 IOTA   21.050 SKCC   21.055 QRS 21.058 FISTS   21.060 QRP & SOTA
	21.070 – 21.090	500	Narrow band modes	Digimodes
	21.090 – 21.110	500	Narrow band modes	21.105 VarAC   Digimodes
	21.110 – 21.120	2700	All modes	Digimodes
	21.120 – 21.149	500	Narrow band modes	
	21.149 – 21.151		Beacon	Beacons exclusively   21.150 NCDXF Beacon
	21.151 – 21.450	2700	All modes (USB)	21.285 QRP & SOTA   21.260 IOTA
24 MHz 12m	24.890 – 24.915	200	CW	24.906 QRP & SOTA   24.910 SKCC
	24.915 – 24.925	500	Narrow band modes	24.918 FISTS   24.920 IOTA
	24.925 – 24.929	500	Narrow band modes	Digimodes, auto. controlled stations
	24.929 – 24.931		Beacon	Beacons exclusively   24.930 NCDXF Beacon
	24.931 – 24.940	2700	All modes (USB)	
	24.940 – 24.990	2700	All modes (USB)	24.950 QRP & SOTA & IOTA
28 MHz 10m	28.000 – 28.070	200	CW	28.040 IOTA   28.050 SKCC   28.055 QRS 28.060 QRP & SOTA
	28.070 – 28.120	500	Narrow band modes	28.085 FISTS   28.105 VarAC
	28.120 – 28.150	500	Narrow band modes	Digimodes
	28.150 – 28.190	500	Narrow band modes	
	28.190 – 28.199		Beacon	Beacons exclusively
	28.199 – 28.201		Beacon	Beacons exclusively   28.200 NCDXF Beacon
	28.201 – 28.225		Beacon	Beacons exclusively
	28.225 – 28.300	2700	All modes	Beacons
	28.300 – 28.320	2700	All modes	Digimodes
	28.320 – 29.000	2700	All modes (USB)	28.360 QRP   28.560 28.460 IOTA   28.385 SOTA
	29.000 – 29.100		All modes	
	29.100 – 29.200		All modes	FM simplex 10kHz channels
	29.200 – 29.300		All modes	Digimodes
	29.300 – 29.510		All modes	Satellite Links
	29.510 – 29.520		All modes	Guard channel
	29.520 – 29.590	6000	All modes	FM Repeater input
29600	6000	All modes	FM calling channel	
29610	6000	All modes	FM Simplex repeater	
29.620 – 29.700	6000	All modes	FM repeater output	
50 MHz 6m	50.000 – 50.100	500	CW	50.060 SOTA   50.090 CW
	50.100 – 50.200	2700	SSB/CW	50.100 – 50.130 DX   50.110 calling
	50.200 – 50.300	2700	SSB/CW	50.285 Crossband
	50.300 – 50.400	2700		50.305 PSK
	50.400 – 50.500	1000	Beacon	50.401 WSPR Beacons
	50.500 – 51.000	12kHz		50.510 SSTV   50.600 RTTY
	51.000 – 52.000		All modes	
70 MHz 4m	70.000 – 70.090	1000	CW	
	70.090 – 70.100	1000	Beacon	70.091 personal beacons
	70.100 – 70.250	2700	All modes	70.200 CW/SSB calling
	70.250 – 70.294	12kHz	FM	
	70.294 – 70.500	12kHz	FM Channel 12.5kHz	70.475 FM calling
	70312,5	12kHz		Digimodes
	70325	12kHz		Digimodes
	70487,5	12kHz		Digital communications

PDF und ODS Datei gibt es hier zum Download in der akt. Version <https://isnix.de/git/DL7BJ/Bandplan>